



Dear Clients,

We would first like to start off by thanking you for choosing New Care to aid you in your personal wellness. From our own experiences, we would like to share some helpful hints to make your sessions more relaxing and enjoyable.

1. Please be on time for your scheduled appointments. Appointments are made specifically for you. Twenty-four hour notice is required for broken appointments. Our phones are answered 24 hours a day, 7 days a week. Due to time constraints, late arrivals will shorten your scheduled session.
2. Please remove shoes and use disposable slippers.
3. Please remain in the chamber until the system is completely stopped or until instructed by staff.
4. Avoid drinking large amounts of fluid before your session begins.
5. Please don't wear cologne or other scented fragrances.
6. Please allow 10-15 minutes for chamber preparation.
7. Try to yawn, sit-up or hold your nose with your finger and thumb and blow as if you are blowing your nose to alleviate ear pressure.
8. Enjoy your session. You can read, play hand held games, work on your laptop or watch a DVD player while in the chamber.
9. If you are experiencing an ear infection and/or flu like symptoms, we ask that you reschedule your appointment.
10. If you are an allergy sufferer, you may wish to take an allergy medicine prior to your session to alleviate additional ear pressure.

Package Information

1. There is a charge of \$7.49 plus sales tax for the purchase of one Oxygen mask.
2. 30 days, unlimited packages are defined as 20 hours of sessions, Monday thru Friday during regular business hours. There is a \$10.00 fee per session for Saturday appointments.

It is our sincere wish that your visit to our studio is a safe, comfortable experience.

Sincerely,

Jim and Rhonda Collins

